**Action Plan**

***What steps do you need to take to get you to your goal(s)?***

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| SMART Goal #  (if applicable) | Action Items (Your to-do list to accomplish the goal.) | Expected Completion Date |
| *Example* | Meet with my boss and discuss my strengths and areas to work on. | 10/18 |
| *Example* | Attend a workshop from the international student services center. | 12/5 |
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**Potential Obstacles and Solutions**

***What could get in the way of achieving your goal(s)? How can you plan to overcome that obstacle?***

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| **Potential Obstacles** | **Potential Solutions** |
| *Example*: Time - Need to find childcare so I can attend the workshop. | *Example*: Talk with my neighbor and family for support. |
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**Resources**

***What people or things do you have (or need access to) in order to accomplish your goal(s)?***

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| *Example*: Family; neighbors |
| *Example*: Instructor |
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